



G-SPAN 2026

Nutrition

Funding Opportunity



Nutrition

The 2026 funding opportunity supports:

Funding can be used by **YMCAs** or **Charitable Food Organizations** interested in increasing access to healthy food by adopting or enhancing specific

1. [Food Service Guidelines](#) (for example, improving the food and beverage options available for purchase during sporting events and/or in vending machines),
2. [Healthy Eating Research](#) (HER) (for example, adopting a [nudges program](#) to encourage selection of healthy foods in locations where food is sold/provided),
3. [Food Is Medicine](#) (FIM) (for example, establishing a system to offer medically tailored meals to individuals with severe illnesses),
4. [Fruit and Vegetable Vouchers](#) (FVV), (for example, creating a communication campaign that promotes awareness and use of FVV) and/or,
5. [Produce Prescription Programs](#) (PPP) (for example, charitable food organization establishes a relationship with a local clinic to offer produce prescriptions).

Definitions

- Charitable Food Organizations
 - Entities that collect, store, and distribute food to individuals experiencing food insecurity. Key types include food banks (warehousing/distribution), food pantries (direct-to-client distribution), food rescues, and meal programs.
- Food Service Guidelines
 - “Food service guidelines are standards for healthier food, beverages, and food service operations in worksite and community settings.” ([CDC](#))
- Healthy Eating Research
 - “...clear, specific recommendations for evidence-based nutrition guidelines tailored to the unique needs and capacity of the charitable food system.” ([Healthy Eating Research Nutrition Guidelines for the Charitable Food System](#))

Definitions

- Food Is Medicine (FIM)
 - “Food Is Medicine encompasses a broad range of approaches that promote optimal health and healing and reduce disease burden by providing nutritious food—in conjunction with human services, education, and policy changes—through collaboration at the nexus of health care and community.” ([HHS](#))
- Fruit and Vegetable Vouchers
 - “Voucher incentive programs for fruits and vegetables provide vouchers, coupons, or cash incentives to consumers to use at the point of purchase. These vouchers can be physical, such as paper or wood coins, or electronic, such as loyalty or debit cards.” ([CDC](#))
- Produce Prescription Program (PPP)
 - “Produce prescription programs allow health care workers to prescribe fruits and vegetables to patients who meet specific criteria. Such patients might be those who have chronic diseases and lack access to nutritious food.” ([CDC](#))

Awardees will receive

- **Up to \$2,499 to implement their proposed project.**
- **Guidance from the G-SPAN team.**
- **Recognition on G-SPAN's website and social media platforms.**
- **Connection to other awardees and members of G-SPAN's network.**
- **All required reporting templates.**



Nutrition Quick Access & Fast Facts

- [Access the Nutrition RFP here](#)
- [Access the Nutrition application here](#)
- **Applications are due by 11:59 PM ET on Friday May 1, 2026.**
- **Max request: \$2,499**
- **Funding Period:** Up to 1 year depending on the community's needs.
- Need support writing and/or submitting your application? Contact G-SPAN at gspanatghpc@gsu.edu by Friday, April 24, 2026.



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